

The University of North Carolina at Chapel Hill School of Public Health
Department of Health Behavior and Health Education
Quick Reference Guide for MPH Program

Program Requirements

Required Coursework: Students take 54 credit hours of coursework overall, which includes 28 hours of required coursework within the HBHE department (see below), 12 hours of School of Public Health core requirements (see p.2), and a minimum of 14 hours of elective credits. The design and sequencing of coursework provides flexibility for students to take a variety of non-HBHE required courses, complete certificate programs, and/or do independent study options. In addition, this curriculum gives the department an opportunity to address emerging public health issues on a timely basis.

Practicum: (HBHE 742) All UNC Chapel Hill SPH students, including HBHE students, are required to complete a practicum. HBHE students must complete *at least a 200 hour practicum for 2 credits* (though students have the option of doing a 3-credit, 300 hr practicum or 4-credit 400 hr practicum). The practicum typically takes place between students' first and second years and can occur domestically or internationally.

Comprehensive Exam: At the end of the first year of coursework, students must pass a written comprehensive exam that covers content from the first year of required classes. The written exam will be completed the last week of the summer before classes start in the fall.

HBHE Required Courses

HBHE 700-Introduction to Public Health & Public Health Education (2 credits): This course offers an introduction to public health, history of public health and public health education, and a focus on population health/social determinants of health and an introduction to global health. In addition, we will introduce students to HBHE faculty, adjunct faculty and public health practitioners to illustrate examples for them of "What We Do" in public health education to address leading public health problems.

HBHE 701, 702, 703, 704-Professional Development Series (1 credit, 4 semesters): This series will include topics that expand students' skills on program management, budgeting, and supervision, as well as address specific professional development skills including working with small groups and coalitions, writing grants, media skills such as giving interviews and writing press releases, professional speaking skills, networking, event planning; and much more

HBHE 730-Theoretical Foundations of Social and Behavioral Science (3 credits): This course covers selected social and behavioral science theories and concepts that apply to the development and analysis of health-related behaviors and interventions.

HBHE 750- Applied Research Methods (3 credits): This overview of behavioral research methods is designed to help practitioners and scientists be savvy consumers of scientific research on health behavior. The course also addresses how to formulate research questions and testable hypotheses that apply to behavior change interventions and program evaluation, and how to select a research design appropriate for examining a particular research question or program goal.

HBHE 772-Planning Health Promotion in Community, Worksite, School, and Medical Settings (3 credits): This course teaches how to use a comprehensive planning model to plan, implement and evaluate an evidence-based intervention to address a public health problem for a defined population.

HBHE 740, 741-Capstone I and II (4 credits each, 2 semesters): The Capstone is a year-long, mentored field experience where student teams partner with a defined community, organization, or research team and establish a negotiated set of deliverables. Coursework for the capstone will be conducted in modules: Capstone 1: Engagement, Assessment, Intervention Development; Capstone 2: Intervention Implementation, Evaluation, and Dissemination/Sustainability. The modules will draw from the expertise of a wide range of faculty, adjunct faculty, practitioners and alumni. Coursework, readings and learning activities will expand learning and sharing of the real-world experiences and challenges each field team experiences as they produce capstone deliverables.

HBHE 992-Capstone Deliverable (3 credits): The capstone deliverable is negotiated with the partner organization, research team, community, etc. Students will produce one or more deliverables that evolve from the group work. Individual student contributions must be substantive, approved by faculty mentors, and negotiated as part of a contract with the research team, community group, or organization.

School of Public Health Core Requirements

BIOS 600-Principles of Statistical Inference (3 credits): This course reviews the use of basic descriptive statistics and equips students with a conceptual understanding of the calculation and interpretation of inferential statistics in public health research.

ENVR 600-Environmental Health (3 credits): A course examining the relationship between environmental quality and human health and welfare.

EPID 600- Principles of Epidemiology (3 credits): An introductory course that helps students learn how to understand patterns of illness/disease, how to use vital statistics and apply this information to improving public health practice.

HPAA 600- Introduction to Health Policy and Administration (3 credits): A course that provides an overview of the U.S. health system, emphasizing role of policy development and administrative decision making through case examples.

Course Sequencing

	Fall	Spring	Summer Session 1 & 2
Year 1	HBHE 700: Intro to Public Health & Health Education (2) HBHE 730: Theoretical Foundations of Social & Behavioral Science (3) HBHE 750: Applied Research Methods (3) HBHE 701: Professional Development Series (1) BIOS 600 (3)	HBHE 772: Planning (3) EPID 600 (3) HBHE 702: Professional Development Series (1) Elective	HBHE 742: Practicum (2, 3 or 4) Comprehensive Exam
Year 2	HBHE 740: Capstone I: Engagement, Assessment, & Intervention Development (4) HPAA 600 (3) HBHE 703: Professional Development Series (1) Elective	HBHE 741: Capstone II: Intervention Implementation, Evaluation & Dissemination (4) HBHE 992: Capstone Deliverable (3) HBHE 704: Professional Development Series (1) ENVR 600 (3) Elective	

Advising & Mentoring

The HBHE department is committed to providing quality advising and mentoring for all students. In order to help ensure students get the guidance they need, the department has instituted an advising/mentoring program with several components: 1) an advising and mentoring guidebook that is given to each student at orientation; 2) a faculty advisor matched to each student upon enrollment who meets at least once per semester with advisees; 3) an extended orientation program that includes forms/resources to help students make connections with faculty generally, as well as how to work with a faculty advisor to get the mentoring you need; 4) group advising sessions led by the MPH Program Director at least once per semester; and, 5) advising for the required practicum. This program will help students and faculty build advising relationships based on realistic goals, expectations, and

Extracurricular Activities

There are numerous opportunities to get involved in extracurricular activities within the department and school, on campus, and in the community. For example, HBHE has its own Professional Development Committee and Social Committee. Each cohort elects two class representatives, who are also involved with the School of Public Health’s student government. For a complete list of committees, organizations, and volunteer opportunities, please see the HBHE Student Handbook available online at: http://www.sph.unc.edu/hbhe/student_orientation.html.