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Birth date **May 15, 1941**

Education **B.A. English, 1967**
Boston College,
Chestnut Hill, Massachusetts

Ed.M. Counseling, 1976
Harvard University
Cambridge, Massachusetts

Additional Certificate **International Board Certified Lactation Consultant (IBCLC)**
1986 Renewed 1991, 1996, 2001, 2006

Professional Experience

Breast-feeding Management Training

Senior Trainer/IBFAN Africa in one and two week residential breast-feeding management workshops for health care and allied health care personnel in Ethiopia, Zimbabwe and Mauritius
1988-1990

Trainer/Coordinator for UNICEF/WHO breast-feeding management workshops in the Czech Republic, Germany, Latvia, Hungary, Poland, Palestine, Egypt and Turkey.
1992-1997

Training Task Force Coordinator for World Alliance for Breast-feeding Action (WABA)
1992-1996

Senior Lecturer/Supervisor in Lactation Consultant Training Program: European Lactation Consultant Association (VELB)
1992-2006

WHO Regional Advisor on Lactation for Kosovo, Albania and Macedonia **1999-2000**

Breastfeeding Promotion

European Economic Community Breast-feeding Promotion Training Programme Aktionsgruppe Babynahrung (AGB). Development of lecture series for health care professionals, training for trainers, workshops/lectures for physicians, midwives, nurses and childbirth educators, regional organisation (Belgium, Germany and the Netherlands), proposal writing and evaluation.
1988-1991

Baby-friendly hospital (BFHI) Assessor and Assessor Trainer in Abu Dhabi, Afghanistan, Belarus, Bulgaria, Croatia, the Czech Republic, Egypt, Germany, Hungary, Italy, Lithuania, Macedonia, Romania, Slovakia, Slovenia and Switzerland
1992-2005

Consultant BFHI Palestine **1992-1995**

South-African Breast-feeding Liaison Groups, La Leche League and UNICEF breast-feeding topics and BFHI lecture tour
1996

WHO Code Monitoring

IBFAN/Geneva and AGB/Germany: Monitoring compliance with WHO Code in hospitals and shops. Introduction to Breast-feeding Management (half-day workshops) in Berlin, Dresden, Prague and Bratislava

1990-1991

WHO/FAO Codex Alimentarius: Observer for International Lactation Consultant Association (ILCA), Berlin, Germany

1998-2001

European Public Health Alliance: Representative for International Lactation Consultant Association (ILCA) Brussels, Belgium

1999-2002

Mother Support Group Organization

Establishing and directing mother support groups for La Leche League International in Boston, Bonn and Cologne. Individual counseling for breast-feeding problems, New Leader training, Continuing education for Leaders (Austria, Germany, Ireland, the Netherlands and the USA), Editor/writer for La Leche League International Publications

Department, International Publications Administrator

1967-1995

Workshops/Lectures

For health care professionals, breast-feeding counselors and parents covering:

- . Preparation for breast-feeding**
- . Bonding process**
- . Advantages of breast-feeding**
- . Early breast-feeding management**
- . Role of health care worker in breast-feeding**
- . Common breast-feeding problems**
- . Low birth weight infants**
- . Breast-feeding during illness and hospitalization**
- . Postpartum depression**
- . Relactation/induced lactation**
- . Weaning**
- . The WHO Code**
- . The Baby-friendly Hospital Initiative**
- . Breastfeeding and HIV**
- . Communication skills**
- . Other allied topics**

1967-2006

Professional Activities

**International Lactation Consultant Association (ILCA)
Vice-President for External Affairs**

1998-2001