

CURRICULUM VITAE

PERSONAL DATA

Name Verónica Valdés Latorre

EDUCATION

Undergraduate Studies School of Medicine
Pontifical Catholic University of Chile, 1970-1977

Degree MD. "Highest Honors" Pontifical Catholic University of Chile; May, 1977

Postgraduate Studies Pediatric Residency, Department of Pediatrics,
School of Medicine, Pontifical Catholic University of Chile, 1982-1985.

Child Psychiatry, Child Psychiatry Service, Sótero del Río Hospital,
July-December, 1984

Family Therapist, Chilean Institute of Family Therapy, 1985-1986

Lactation Specialist, Wellstart International, San Diego, CA, 1986

Lactation Management Education, Advanced Clinical Fellowship,
Wellstart International, 1989

Fellow of the Institute for Reproductive Health, Georgetown University,
Washington DC. 1997

LANGUAGES

Spanish: native

English: simultaneous interpretation, written translation

SCIENTIFIC AND PROFESSIONAL ORGANIZATIONS

Chilean Society of Pediatrics, Member, 1981 to present

Chilean Ministry of Health National Lactation Committee, Member
1991 to present

International Academy of Breastfeeding Medicine, Member, 1999 to present

Lactation Committee of the Chilean Society of Pediatrics, Member, 1987 to present; Committee Secretary, 1991-1992

UNAIDS in Chile, Member, Thematic Group 1998-2003

American Academy of Pediatrics, Member, 1992

Ecuadorian Association of Reproductive Biology, Foreign Member, 1991

Medical Society of Chile, Member, 1977-1984

PROFESSIONAL EXPERIENCE

1973 Emergency Department duty at Sótero del Río Hospital; Southeast Health Service, Santiago, Chile

1976 Medical and Pediatric Service, Peñaflor Hospital

1977-1982 General Practitioner, Peñaflor Hospital. Set up breastfeeding and newborn follow-up clinic. Supervised rural health practicum for medical students from University of Chile Western Campus.

1985-1986 Support for families of premature and hospitalized newborns in the Neonatology Unit of the Pontifical Catholic University of Chile. Follow up of VLBW infants.

1986-1987 Family Therapist, Pontifical Catholic University of Chile outpatient clinic, pediatrics service.

1987-1989 Designed and implemented a breastfeeding promotion program through staff training and creation of a breastfeeding clinic project in the area served by the San Bernardo Parochial Hospital as part of a joint project sponsored by the Pontifical Catholic University of Chile, Pan-American Health Organization, and the Kellogg Foundation.

1987-1991 Pediatric Researcher, Effects of a Breastfeeding Promotion Program on Fertility of Urban Mothers in Santiago, Chile Research Project;

- Pontifical Catholic University of Chile and Georgetown University, Washington, D.C.
- 1987-1996 Los Parques de Maipú Health Center. Pediatrician and Director of the Health Center (87-91)
- 1991-1992 Director of the project for training and creating Lactation Clinics in health centers of Las Condes County Health and Education Corporation.
- 1991-1996 Pediatric Researcher, Application of the Amenorrhea Breastfeeding Method in Working Mothers Project. Cosponsored by the Pontifical Catholic University of Chile and Georgetown University, Washington, D.C.
- 1994-1996 Principal Investigator, Effects of a Working Mother Breastfeeding Clinical Support Program on Length of Exclusive Breastfeeding, Children's Health, and Maternal Satisfaction research project Co-sponsored by the Pontifical Catholic University of Chile and Wellstart International.
- 1992-1994 Research Fellow, School of Medicine, Pontifical Catholic University of Chile
- 1995-1997 Associate Instructor, Department of Pediatrics, School of Medicine, Pontifical Catholic University of Chile
- 1998-2000 Principal Investigator, Cost-Benefits of Breastfeeding Promotion Interventions in Ambulatory Health Care Who sponsors?
- 1998-present Associate Adjunct Professor, Departments of Pediatrics and of Family Medicine, School of Medicine, Pontifical Catholic University of Chile

CONSULTSHIPS

- 1988 Member, Wellstart Consulting Team for the National Lactation Promotion Program in La Paz, Bolivia
- 1988 Member, Wellstart Consulting Team for the National Lactation Promotion Program in Quito, Ecuador
- 1989 Feasibility Study of the Kangaroo Handling of Preterm Infants Research Project at the Isidro Ayora Maternity Hospital, Quito, Ecuador; John Snow, Population Council

- 1990 Member, Wellstart International Consulting Team at the Lactation Training Seminar for Pacific Island Health Care Professionals, held on the island of Guam
- 1991 Consulting and technical assistance for teams of Wellstart Associates in Quito, Ecuador; Wellstart International
- 1991 Consulting and technical assistance for teams of Wellstart Associates at the Catholic University of Santiago de Guayaquil; Guayaquil, Ecuador; Wellstart International
- 1993 Consulting, training and technical assistance for the Ecuadorian National Breastfeeding Commission for the Baby-Friendly Hospital Initiative (BFHI); Quito, Ecuador; Wellstart International
- 1993 Consulting, training and technical assistance for teams of Wellstart Associates in the Guayas Region; Guayaquil, Ecuador; Wellstart International.
- 1993 Consulting on the drafting of the "Strategic Plan for Comprehensive Breastfeeding Support in Latin America and the Caribbean" (PRAIL-LAC); Montevideo, Uruguay; PAHO and Wellstart International.
- 1993 Consulting and technical assistance on the BFHI for the Argentine Society of Pediatrics; Buenos Aires, Argentina; UNICEF.
- 1992-2003.1 UNICEF-Chile Consultant for Baby- and Mother-Friendly Hospital Initiative in Chile and other health topics.
- 1995 Member of the Work Task Force "Breastfeeding, Science and Society" Pontifical Academy of Science and British Medical Society. Vatican City.
- 1995 Member of the Consulting Group on Fertility and Lactation, Bellagio Italy.
- 1996 Consultant for the National Breastfeeding Program in Montevideo, Uruguay
- 1997 Consultant for Hospital Assessment in the BFHI, Montevideo, Uruguay.
- 1998 Consultant for BFHI, Buenos Aires, Argentina
- 1999 Participant in the NGO Meeting previous to the ICPD+5. The Hague, Netherlands representing Linkages

- 1999 Consultant: Technical Consultation on Infant and Young Child Feeding, WHO, Geneva
- 2000 Consultant for the Argentinean Ministry of Health on the extension of the BFHI to Health Centers
- 2000 Consultant: Technical Consultation on Recommended Duration of Exclusive Breastfeeding. PAHO, Washington
- 2002 Consultant: Technical Consultation for UNICEF in El Salvador on AIDS and Breastfeeding.

TEACHING EXPERIENCE

- 1986-1987 Seminars on child psychiatry for pediatric interns and fellows at the School of Medicine, Pontifical Catholic University of Chile
- 1987-1988 Seminars on breastfeeding, given to pediatric students, interns, and fellows at the School of Medicine, Pontifical Catholic University of Chile
- 1986-1996 Adjunct Professor and Facilitator, Lactation Management Education Programs for health care professionals, Wellstart International, San Diego, California

Teams from:

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| December | 1986 | Honduras |
| February | 1987 | Honduras |
| December | 1987 | El Salvador, Costa Rica |
| December | 1988 | Bolivia |
| February | 1989 | Ecuador, Peru |
| August | 1989 | Kenya, Nigeria |
| December | 1989 | Indonesia, Thailand |
| February | 1990 | Mexico, Colombia, El Salvador |
| April | 1990 | Brazil, Colombia, Peru |
| November | 1990 | Pakistan, People's Republic of China |
| February | 1991 | Mexico |
| July | 1991 | Pakistan, Philippines |
| May | 1992 | Bolivia, Ecuador, Honduras |
| November | 1992 | Chile, Colombia, Honduras, Dominican Republic |
| February | 1993 | Colombia, Costa Rica, Guatemala, Nicaragua |

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| September | 1994 | El Salvador, Brazil, Nicaragua, Dominican Republic, Honduras |
| February | 1996 | Nicaragua, Chile, Uruguay, Ecuador |
| February | 1997 | Armenia, Nicaragua, Kazakastan, Kirguistan, Ubekistan |
| February | 1998 | Egypt |
| January | 1999 | USA |

- 1986 November Director and Instructor, Lactation Training Workshop for nurses and midwives Catholic University Outpatient Clinic.
- 1987 January Lecture on Advances in Breastfeeding, Chilean Society of Pediatric Nursing
- 1987 March Instructor, Advances in Breastfeeding Seminar, a postgraduate course for nurses
- 1987 June Instructor, Breastfeeding Training Course for Midwives, Maternity Ward of the Pontifical Catholic University of Chile Clinical Hospital
- 1987 June Director and Instructor, Lactation Training Course for health care professionals at the Carol Urzúa Clinic, San Bernardo, Chile
- 1987 August Instructor, course on Factors Affecting Birth Weight and Breastfeeding, Fifth Winter School, INTA, University of Chile, Santiago, Chile
- 1987 September Instructor, Second Lactation Conference of the Chilean Society of Pediatrics
- 1987 December Director and Instructor, Theoretical and Practical Workshop on Lactation Training for Professionals, San Bernardo Hospital, San Bernardo, Chile
- 1988 May Director and Instructor, Lactation Workshop for Health Care Professionals, Catholic University Clinical Hospital, Santiago, Chile
- 1988 June Guest Lecturer, Infant Feeding Conference, Antofagasta Chapter of the Chilean Society of Pediatrics, Antofagasta, Chile
- 1988 August Guest Lecturer, course on Factors Affecting Birth weight and Breastfeeding, Sixth Winter School, INTA, University of Chile, Santiago, Chile
- 1988 August Instructor, Mastology Update, College of Chilean Midwives, Santiago, Chile

- 1989 May Director and Instructor, courses on Progress, Problems, Fertility, and Lactation for health care professionals in the eastern sector of Santiago, Chile
- 1989 June Instructor, Seminar on Lactation Management and Progress for midwives in the southern sector of Santiago, Chile
- 1989 August Instructor, Seminar on Lactation Management and Progress for nurses in the southern sector of Santiago, Chile
- 1989 September Instructor, Seminar on Lactation Management and Progress for nutritionists in the southern sector of Santiago, Chile
- 1990 June Guest Lecturer, Lactation Training Course for Pacific Island Health Care Professionals, held on the island of Guam
- 1990 October Coordinator and Instructor, comprehensive postgraduate course on Breastfeeding, New Concepts, Pontifical Catholic University of Chile and Georgetown University
- 1990 November Instructor, Ob/Gyn Training Course for Primary Care Midwives, southeastern sector of Santiago, Chile
- 1991 July Speaker, Maternal/Child Health in Ecuador Conference, Catholic University of Santiago de Guayaquil, Guayaquil, Ecuador
- 1991 August Instructor, Perinatal Care Update Postgraduate Course, Tenth Annual Midwives Conference, Santiago, Chile
- 1991 November Instructor, Third OAS Course on Pediatric Nutrition, INTA, University of Chile, Santiago, Chile.
- 1992 February Facilitator and Speaker, The International Task Force of Experts on Breastfeeding Workshop; San Diego, California; Wellstart, UNICEF, WHO
- 1992 March Facilitator and Speaker, Latin American Breastfeeding Conference, Oaxaca, Mexico
- 1992 May Speaker, Nutrition Congress, College of Chilean Nutritionists, Santiago, Chile
- 1992 July Instructor, Breastfeeding Module presented by the Chilean Society of Pediatrics, Santiago, Chile

- 1992 October Director and Instructor, First Lactation Training Workshop for BFHI Health Care Teams, UNICEF-Ministry of Health (MOH), Santiago, Chile
- 1993 April Instructor, First Training Workshop on Managing New Growth Curves, MOH, Santiago Chile. Where
- 1993 May Instructor, Mother- and Baby-Friendly Hospital Breastfeeding Workshop, Ob/Gyn and Pediatrics Departments, Pontifical Catholic University of Chile, Santiago, Chile
- 1993 May Guest Lecturer, First National Baby-Friendly Hospital Initiative Workshop, Quito, Ecuador
- 1993 June Guest Lecturer, Second National Baby-Friendly Hospital Initiative Workshop, Guayaquil, Ecuador
- 1993 July Instructor, BFHI Training Course, southern sector of Santiago, Chile
- 1993 August Instructor, Breastfeeding Seminar, Chilean Lactation League, Santiago, Chile
- 1993 August Instructor, course on Breastfeeding, an Imperative, INTA University of Chile, Santiago, Chile
- 1993 August Director and Instructor, Second Lactation Training Workshop for BFHI Health Care Teams, UNICEF-MOH, Santiago, Chile
- 1993 September Lecture on the Baby-Friendly Hospital Initiative, Pereira Rossel Hospital; Montevideo, Uruguay
- 1993 September Lecture on Fertility and Lactation, Ob/Gyn Department, University of Chile Clinical Hospital, Santiago, Chile
- 1993 November Instructor, series of Breastfeeding Promotion Training Workshops, Southern Metropolitan Health Service, Santiago, Chile
- 1993 December Instructor, Breastfeeding Training Seminar for the Sixth Region, San Fernando, Santiago, Chile
- 1993 December Guest Lecturer, Lactation Workshop, Argentine Society of Pediatrics, Buenos Aires, Argentina
- 1993 December Instructor, BFHI Workshop, Sótero del Río Hospital, Southeast Metropolitan Health Service, Santiago, Chile

- 1994 March Instructor, First Breastfeeding Promotion Workshop, Central Metropolitan Health Service, Santiago, Chile
- 1994 April Instructor, Breastfeeding Workshop, University of Chile Clinical Hospital, Santiago, Chile
- 1994 April Instructor, Breastfeeding Training Workshop, Félix Bulnes Hospital, Western Metropolitan Health Service, Santiago, Chile
- 1994 May Instructor, Breastfeeding Module in the Pediatrics Continuing Education Course, FUDOC (Continual Medical Education Foundation) Santiago, Chile
- 1994 May Instructor, BFHI Workshop, Teachers' Hospital Santiago, Chile
- 1994 May Instructor, Caring for the Undernourished Child Workshop, Southern Metropolitan Health Service, Santiago, Chile
- 1994 May Guest Lecturer, Breastfeeding Workshop for Region IV, Ovalle Hospital, Ovalle, Chile
- 1994 June Guest Lecturer, Training in Breastfeeding Support Workshop, Valparaíso, Chile
- 1994 June Seminar on Clinical Aspects of Breastfeeding, given to pediatric interns and fellows, Universidad de La Frontera, Temuco, Chile (or translate the whole name)
- 1994 June Lecture on the Advantages of Breastfeeding, Chilean Association of Pediatrics, Temuco Chapter, Temuco, Chile
- 1994 July Instructor, Third National BFHI Workshop; UNICEF, MINSAL, Western Metropolitan Health Service
- 1994 July Guest Lecturer, Postgraduate Course on Child Psychiatry in the New Pediatrics, University of Chile, Calvo MacKenna Hospital, Santiago, Chile
- 1994 July Instructor, workshop for health providers, promoting breastfeeding, Viña del Mar, Chile
- 1994 November Director of the Seminar "Curricular Modernization in Breastfeeding" given to health area teachers in all Chilean universities
- 1995 January Instructor, breastfeeding seminar for CONIN personnel Santiago, Chile

- 1995 March Instructor, First BFHI Workshop, Hospital San Juan de Dios, San Juan de Dios, Chile
- 1995 April Guest Lecturer, course on family matters, School of Psychology, University of Santiago, Santiago, Chile
- 1995 May Member of Breastfeeding: Science and Society Working Group, sponsored by the Pontifical Academy of Sciences, Vatican City
- 1995 June Director and Instructor, breastfeeding workshop given for health providers and fellowship students of the Catholic University. Organized by the Breastfeeding Center of the Pontifical Catholic University of Chile (CELUC)
- 1995 June Instructor, workshop for BFHI instructors of Chile's southern zone, Temuco, Chile
- 1995 June Instructor, Second BFHI Workshop, Hospital San Juan de Dios, San Juan de Dios, Chile
- 1995 July Director and Instructor, First International Course on Breastfeeding for Health Providers, Lactation Center, Pontifical Catholic University of Chile
- 1995-present Clinical supervision, seminars and tutorship on clinical management of breastfeeding for interns and pediatric and family medicine residents School of Medicine Catholic University of Chile
- 1995 September Teaching and technical support visits to BFHI, and clinical meetings with pediatricians and obstetricians at the Salvador, San Borja Arriarán, Talcahuano, Concepción and Temuco hospitals in Chile
- 1995 October Guest Lecturer, perinatal conferences in Patagonia, Punta Arenas, Chile
- 1995 December Participant in the conference of experts, discussing "The Amenorrhea Breastfeeding Method in Family Planning: Efficiency and Modification of the Bellagio Recommendations." Bellagio, Italy
- 1996 April Guest Lecturer, Eighth Argentine Symposium on Social Pediatrics and the Second Symposium on Maternal Breastfeeding in Salta, Argentina. Paper submitted: "Breastfeeding for the Working Mother."
- 1996 June Guest Lecturer in a workshop "Breastfeeding for Health Professionals, Tacuarembó, Uruguay.

- 1996 July Presentation of results of the research project on Breastfeeding and Working Women at: Breastfeeding: Promoting Links for Life. Wellstart International, Easton, Maryland.
- 1996 September Guest Lecturer, School of Pharmacy, University of Chile, Santiago in a 5-day seminar for interns on breastfeeding.
- 1996 October Director and Instructor, Second International Course on Breastfeeding for Health Providers, Lactation Center, Pontifical Catholic University of Chile (CELUC)
- 1996 October Director and Facilitator of the course on Clinical Hypnosis for the Perinatal Period. Santiago, Chile
- 1996 November Guest Lecturer to the First Workshop for Hospital Assessors in the BFHI, .Montevideo, Uruguay.
- 1997 January Guest lecturer in a class on the BFHI. La Paz University Hospital, Madrid, Spain.
- 1997 April Professor at the Introductory Course on Pediatrics for Pediatrics and Family Medicine Residents. Pontifical Catholic University of Chile, Santiago, Chile
- 1997 April Guest Lecturer to the Trainers Course on BFHI for the Medical Federation, Montevideo, Uruguay.
- 1997 April Guest Lecturer in the Continuing Education Course in Pediatrics of FUDOC. (Continual Medical Education Foundation) Santiago, Chile
- 1997 May Participant in the Seminar on Breastfeeding and Fertility. Institute for Reproductive Health, Georgetown University, Washington, DC.
- 1997 May-June Professor of the Course Medical Interview for Family Medicine Residents. Pontifical Catholic University of Chile, Santiago, Chile
- 1997 July Guest Lecturer at the XIth Latin American Course on Clinical Pharmacy. School of Pharmacy University of Chile. Santiago, Chile
- 1997 August Professor and member of the Organizing Team of the Seminar: Breastfeeding; New Challenges. Sponsored by the Ministry of Health, INTA, and UNICEF. Santiago, Chile.
- 1997 August Coordinator and lecturer in the Third International Course on Breastfeeding for Health Providers, Lactation Center, Pontifical Catholic University, Santiago, Chile

- 1997- present Lectures, seminars and tutoring 5th year medical students on clinical management of breastfeeding.. Pontifical Catholic University of Chile, Santiago, Chile
- 1997 November Class on Benefits of Breastfeeding and Seminars on Clinical Management of Breastfeeding for 5th year Medical Students. . Pontifical Catholic University of Chile, Santiago, Chile
- 1998 January Guest Lecturer at Lactation Management Education Course for Health Professionals. Puerto Varas, Chile
- 1998 April Participant in a Seminar on Family and Work organized by the Ministry of Women. Santiago, Chile.
- 1998 April Coordinator and facilitator in the Workshop on Clinical Hypnosis by Phyllis Klaus. Basic and Advanced Levels. Santiago, Chile.
- 1998 June Participation in the WABA International Seminar: Breastfeeding, Women and Work: From Human Rights to Creative Solutions. Manila, The Philippines.
- 1998 June –July Professor of the Course Medical Interview for Family Medicine Residents. Pontifical Catholic University of Chile, Santiago, Chile
- 1998 July Guest Lecturer in the Workshop on Breastfeeding for Health Teams of Health Centers of South Metropolitan Health Services, Santiago, Chile.
- 1998 August Coordinator and lecturer in the Fourth International Course on Breastfeeding for Health Providers, Lactation Center, . Pontifical Catholic University of Chile, Santiago, Chile
- 1998 September Guest lecturer in the Course on Clinical Management of Breastfeeding for Physicians. Montevideo, Uruguay.
- 1998 October Guest lecturer in the Workshop on Breastfeeding for Health Professionals Osorno, Chile.
- 1998 October Guest Lecturer in the Clinical Pharmacy Course for students of the School of Pharmacy University of Chile. Santiago, Chile
- 1998 November Guest Lecturer in the Advanced Breastfeeding Course for Health Professionals in Argentina, Buenos Aires

- 1999 March Coordinator and facilitator in the Seminar of Clinical Hypnosis for Family Medicine residents. Pontifical Catholic University of Chile, Santiago, Chile
- 1999 April-May Conference: The health team's responsibility on breastfeeding promotion VIII Argentinean Symposium on Social Pediatrics, Mar del Plata, Argentina
- 1999 May Conference: Clinical problems in breastfeeding at XXII Uruguayan Pediatric Congress, Montevideo, Uruguay
- 1999 June-July Professor of the Course Medical Interview for Family Medicine Residents. Pontifical Catholic University of Chile, Santiago, Chile
- 1999 September Seminar: Breastfeeding and Children's Rights, Antofagasta, Chile
- 1999 October Participant at Workshop on Institutions and Children's Rights, Buenos Aires, Argentina
- 1999 November Presentation on Breastfeeding and Working Women at Wellstart International Associate Global Forum, San Diego, CA
- 1999 December Conference on Lactational Amenorhea Method for Argentinean Obstetric and Gynecologic Society, Buenos Aires, Argentina
- 1999 November Presentation on Breastfeeding and Working Women at Physicians and Breastfeeding: Nurturing the Future, San Diego, CA Academy of Breastfeeding Medicine
- 2000 April Director of the International Course on Ambulatory Pediatrics. Pontifical Catholic University of Chile, Santiago, Chile
- 2000 May Conference on Breastfeeding and Bonding at Seminar on Humanization of the Reproductive Process, University of Chile, Santiago
- 2000 May Director BFHI Workshop, Calama, Chile.
- 2000 December Guest Professor XII Congreso Latinoamericano de Pediatría, XIX Congreso Panamericano de Pediatría, XXIII Congreso Uruguayo de Pediatría. Montevideo, Uruguay.
- 2001 May Guest Professor Perinatological Grand Rounds, University of La Frontera, Temuco, Chile.
- 2001 July Guest Professor XI Latin American Clinical Pharmacy Course. School of Pharmacy, University of Chile. Santiago, Chile

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| 2001 December | Director Workshop on BFHI for Health Team at Santa María Hospital, Santiago, Chile. |
| 2002 June | Guest Professor to Workshop on the BFHI for Health Team from Valparaiso, Chile. |
| 2002 July | Director Workshop: Lactation on the BFHI for Health Team at Pontifical Catholic University Hospital, Santiago, Chile. |
| 2002 September | Participant at the Technical Meeting for the Integrated Early Childhood Development, UNICEF TACRO, Panama City, Panama. |
| 2002 September | Guest Professor to Workshop on the BFHI for Health Team from Arica, Chile |
| 2002 October | Director Workshop: Lactation on the BFHI for Health Team of Las Condes Clinic, Santiago, Chile |
| 2002 November | Lactation Physiology and Clinical Management Based on Evidence for medical schools faculty, Corrientes, Argentina |
| 2003 April | Director and professor for “Lactation Workshop” for Primary Health Workers, Puente Alto, Chile |
| 2003 May | Invited speaker on “Lactation benefits and physiology” at Pediatric Society meeting in Rancagua, Chile |
| 2003 July | Presenter in the WABA Expert Consultation on Birthing Practices and Breastfeeding, San Francisco, Ca. |
| 2003 July | Guest Professor in the XII Latin American Clinical Pharmacy Course. School of Pharmacy, University of Chile. Santiago, Chile |
| 2003 Nov | Guest Professor in the XVII FIGO Congress, Santiago, Chile |
| 2003 – 2007 | Volunteer Doula UCSD Maternity Hospital |
| 2005 | Guest Professor Lactation for Clinical Pharmacists, UCSD School of Pharmacy, San Diego Ca. |
| 2004 -2007 | Coordinator and tutor. Distance Learning Diploma for GP’s on Udbating clinical practices representing the Uniersidad Católica de Chile in the University Consortium of Health and family Medicine, Chile |

- 2006 - 2007 Professor in the Diploma on Bonding: Building Secure Attachment, Santiago, Chile
- 2006 Guest Professor Lactation for Clinical Pharmacists, UCSD School of Pharmacy, San Diego Ca.

PUBLICATIONS

BOOKS OR CHAPTERS IN BOOKS

"Gracias, Mamá. Guía de Lactancia Natural" [Thank You, Mother. Guide to Breastfeeding]. Dr. Sergio Vargas Munita. Editorial Antártica, publishers, 1988. Technical advice on content and illustrations.

"Lactancia Materna, Fisiología, Manejo, Promoción, Amenorrea de Lactancia e Infertilidad" [Maternal Breastfeeding, Physiology, Handling, Promotion, Amenorrhea Breastfeeding and Infertility]. V. Valdés, A. Pérez. Scientific editor: A. Pérez Sánchez, Arancibia Hnos. 1990.

Chapter "Breastfeeding," A. Pérez, V. Valdés, in "Obstetricia" [Obstetrics]. second edition. A. Pérez Sánchez, E. Donoso Siña, Editorial Mediterráneo, publishers, 1992.

The Baby-Friendly Hospital Initiative. A global effort to give babies the best possible start in life. Guide for an 18-hour course for maternity staff. UNICEF, Wellstart, WHO, 1992. Member of the editorial staff.

Chapter "Técnicas en Lactancia" [Breastfeeding Techniques] in the book "Lactancia Materna" [Maternal Breastfeeding], by M.E. Casado, F. Coronel, L. Vidal. Editorial Mediterráneo, publishers, 1992.

Proceedings of the Wellstart International Latin American Congress on Breastfeeding. Publishers: G. Herrera, J. Schooley, V. Valdés. Mexico City, Mexico., 1994.

"Lactancia para la Madre y el Niño" [Breastfeeding for Mother and Child], Verónica Valdés, Alfredo Pérez, Miriam Labbok. Publicaciones Técnicas Mediterráneo, publishers, 1994.

Breastfeeding handbook for health providers. MINSAL Breastfeeding Commission, UNICEF Publishers: V. Shellhorn, V. Valdés, Health Ministry, UNICEF, Chile, 1995.

"Lactancia Materna; Un Buen Comienzo" [Breastfeeding; a Good Start]. Activities report, Chile 1992-1995. UNICEF-MINSAL. Publishers: V. Valdés, E. Pugin, F. Palma, C. Reyes. Why the names at the end?

Chapter: Breastfeeding V Valdés, E Pugin in : Pediatría Meneghello, 5th ed. 1997 Editorial Medica Panamericana, Buenos Aires, Argentina.

Chapter :Breastfeeding V Valdés, E Pugin in: Texto de Obstetricia [textbook of Obstetrics], by A Pérez-Sánchez 3rd ed. Publicaciones Técnicas Mediterráneo, publishers, 1999.

Chapter: Breastfeeding in: Manual de Neonatología [Manual of Neonatology], JL Tapia, P Ventura Publicaciones Técnicas Mediterráneo, publishers, 1999.

Chapter: Prenatal Interview in: Manual Supervisión del Niño y del Adolescente Publicaciones Técnicas Mediterráneo, publishers, 2000.

Chapter: Breastfeeding in: Manual Supervisión del Niño y del Adolescente Publicaciones Técnicas Mediterráneo, publishers, 2000.

Chapter "Lactancia" en Texto Obstetricia . Alfredo Pérez Sánchez. Publicaciones Técnicas Mediterráneo, publishers, 2000.

Chapter "Fisiología de la Lactancia en Texto de Ginecología, Alfredo Pérez Sanchez. Publicaciones Técnicas Mediterraneo, publisher, 2000

ARTICLES

"Breastfeeding promotion program at a rural hospital in Peñaflor, Chile." A Dragicevic, N Concha, V Valdés, I Tsunekawa. Bol. Hospital San Juan de Dios, 1982; 29:275-8.

"Santiago Breastfeeding Promotion Program: Preliminary Results of an Intervention Study. A. Pérez, V. Valdés. Am J Obstet Gynecol 1991;165 (6):2039-44.

"The Impact of a Hospital- and Clinic-based Breastfeeding Promotion Programs in a Middle-class Urban Environment." V. Valdés, A. Pérez, M. Labbok, E. Pugin, I. Zambrano, S. Catalán., J Tropical Pediatr 1998;39:142-51.

"Breast feeding Promotion Program at Catholic University Hospital." V. Valdés. In Proceedings of the Wellstart International Latin American Breastfeeding Congress, 1994; 66-72.

"Uso de la infertilidad de la amenorrea de la lactancia en planificación familiar" [Use of the Lactational Amenorrhea Method for Family Planning]. V. Valdés, published in the Yearbook of the Wellstart International Latin American Breastfeeding Congress, 1994; 358-6.

"Amenorrea de lactancia: Método de planificación familiar LAM" [Lactational Amenorrhea: The Use of LAM as a Family Planning Method]. A. Pérez, M. Labbok, V. Valdés. Presented during the XIII Conference of the Latin American Association for Research in Human Reproduction, Buenos Aires, Argentina, May, 1993.

"A Pre/Post Intervention Study of a New Postpartum Family Planning Method: Results and Commentary." M. Labbok, A. Pérez, V. Valdés. Presented at the American College of Epidemiology, 12th Annual Scientific Meeting, September, 1993.

"The Impact on Fertility of a Hospital-based Breastfeeding Program." V. Valdés, A. Pérez, S. Catalán, E. Pugin. Panel presentation at the 1994 NCIH Annual International Health Conference, June, 1994.

"The Lactational Amenorrhea Method LAM: A Postpartum Introductory Family Planning Method with Policy and Program Implications." M. Labbok, A. Pérez, V. Valdés, F. Sevilla, K. Wade, V. Laukaran, K. Cooney, S. Coby, C. Sanders, J. Queenan. *Adv Contracept* 1994;10 (2): 98-109.

"The Impact of a Hospital- and a Clinic-based Breastfeeding Promotion Program in a Middle-class Urban Environment. V. Valdés, A. Pérez, M. Labbok, E. Pugin, I. Zambrano, S. Catalán. In *Yearbook of Neonatal and Perinatal Medicine*, 1994. M. Klaus, J. Kennell. Chapter 9, Gastroenterology and Nutrition, 253-4.

"The Effects on Professional Practices of a Three-Day Course on Breastfeeding." V. Valdés, E. Pugin, M. Labbok, A. Pérez, S. Catalán, R. Aravena, M. Adler, J. Hum Lact 1995;11(3):

"The Role of Education in Breastfeeding." V. Valdés. Presented at the meeting, Science and Society Working Group of the Pontifical Academy of Sciences and the Royal Society of Science. May, 1995. Vatican City

"Problemas frecuentes en lactancia materna" [Frequent Breastfeeding Problems]. V. Valdés. Chapter 2 in *Diálogos en Pediatría* [Pediatric Dialogues], Volume VIII, 1995; 22-34. J. Meneghello R. Santiago, Chile: Publicaciones Técnicas Mediterráneo.

"Breastmilk Feeding and the Working Woman: Can Milk Expression Provide Adequate Nutrition for Infant Growth?" V. Valdés, M. Labbok, E. Pugin, A. Pérez. Poster Session 2088. American Public Health Association, San Diego, November, 1995.

"Does Prenatal Breastfeeding Skills Group Education Increase the Effectiveness of a Comprehensive Breastfeeding Promotional Program?" E. Pugin, V. Valdés, M. Labbok, A. Pérez, R. Aravena. *J Hum Lact* 1996;12 (1):15-20.

The Role of Education on Breastfeeding Success. V.Valdés, J. Schooley. *Food Nutr Bull* 1996;17 (4): 431-7.

Maternal Employment and Exclusive Breastfeeding in Chile: The effect of a Breastfeeding Support Program. V. Valdés Presented at the Seminar Breastfeeding: Promoting Links for Life, Wellstart International , 1996, Easton Maryland.

Proceedings: Wellstart International EPB Program. Exclusive Breastfeeding Promotion: A summary of findings from EPB applied Research Program (1992-1996) Easton Maryland.

Breastfeeding and Work: It is Possible to Integrate Them? V Valdés, E Pugin, S Catalán. Presented at the Seminar Breastfeeding: Future Challenges.1997 Santiago, Chile.

Strengthening and Expanding the Baby Friendly Hospital Initiative. Prepared for and presented at the Technical consultation on infant and young child feeding. WHO, Geneva, 2000.

Clinical Support Can Make the Difference in Exclusive Breastfeeding Success among Working Women. V Valdés, J Schooley, S Catalán, R Aravena. *J Trop Pediatr* 2000; 46:149-54.

Exclusive Breastfeeding: Norms, Practices and Trends, Obstacles and Actions to Support its Practice. Prepared for and presented at the Recommended Length of Exclusive Breastfeeding: Scientific Evidence and Research Priorities. PAHO Washington 2000

The Efficacy of the Lactational Amenorrhea Method (LAM) among Working Women. V Valdés, MH Labbok, E Pugin, A Pérez. *Contraception* 2000;62: 217-9.

Plasma Prolactin/Oestradiol Ratio at 38 Weeks Gestation Predicts Duration of Lactation Amenorrhoea. Campino C, Torres C, Rioseco A, Poblete A, Pugin E, Valdés V, Catalán S, Belmar C, Seron-Ferré M. *Human Reprod* 2001(Dec); 16:2540.

Aportes de la doula a la obstetricia moderna. Valdés V, Morlans X. *Rev Chil Obstet Ginecol* 2005, 70 (2): 108-112.