

Impact

THE NORTH CAROLINA INSTITUTE FOR PUBLIC HEALTH
A Quarterly Newsletter

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From the Director Ed Baker

We hear this in every health department we visit: Obesity and its subsequent effects on the health of individuals, families, and communities—diabetes, cardiovascular disease, workforce productivity, healthcare costs—is on every list of community health issues and priorities. **The numbers are bleak.** [More...](#)

Management Academy team targets obesity in business plan



In the spring of 2007, the New Hanover County Board of Health and New Hanover County Health Department's

Management Team met to review and discuss the most prevalent health issues among New Hanover County, N.C. residents. They chose obesity as one of the priority health issues to address. [More...](#)

Certificate student focuses on



Staff from ALbD participate in a weekly scavenger hunt.

Getting physical with Active Living by Design

When it comes to active living and healthy eating, Active Living by Design (ALbD) staff members practice what they preach—not just with their clients across the state and nation, but also in their neighborhoods and workplace.

The Sparrow Project: Saving souls, saving lives

The South Central North Carolina Partnership for Public Health, one of the six public health incubator collaboratives, initiated the project, SPARROW, a three year multi-county program for cardiovascular disease (CVD) and stroke education, prevention, and management.

Taken from the words of a 1905 hymn “His Eye is on the Sparrow”, the SPARROW Project enlists churches to help reach African-Americans, a group with high incidence of high blood pressure and obesity. [More...](#)

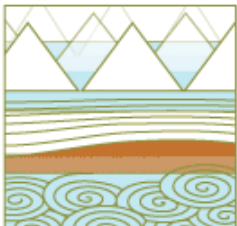
More Stories :

- [Helping local health departments identify needs, plan, resources](#)
- [Child Health Update includes obesity prevention, reduction](#)
- [Office of Continuing Education partners with Center TRT](#)
- [The Epidemic of Obesity: Personal Choice or Environmental](#)

migrant children's nutrition

Through the use of the Internet, the online Certificate Program enables many front-line public health workers the opportunity to further their education while continuing to address the issues at the center of our Nation's health care crisis. One current student in the Core Certificate in Public Health Concepts is tackling the obesity epidemic through several initiatives. [More...](#)

Serving our State...
Leading the Nation



Launched about six years ago with a grant from the Robert Wood Johnson Foundation (RWJF), ALbD's initial focus was to provide technical assistance and consultation over five years to 25 multidisciplinary partnerships across the country. [More...](#)

Flanagan studies school kids and parents



The Institute's Enhanced Nursing Program coordinator, Tavie Flanagan, MSN, WHNP, is part of a research project with Dr. Diane Berry (PI) in the UNC School of Nursing. They are collaborating in an intervention which focuses on healthy eating, regular physical activity, and coping skills training techniques for weight management among elementary school children and their parents in low income areas who are at risk for overweight and obesity.

Consequence?

OSHERC presents "Obesity in the Workplace"

The NC Occupational Safety and Health Education and Research Center presented the online seminar "Obesity in the Workplace" on April 22, 2008.

Presented by Brian Caveney, MD, JD, MPH, a physician with the Duke Medical Center's Division of Occupational and Environmental Medicine, the seminar was part of the National Occupational Research Agenda. The archived seminar can be viewed at: breeze.unc.edu/p22177402/.



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